



COVID-19 WELLNESS PLAN

Main contact: Brett Goodwin, Chair, Human Resources Committee
HR@kawarthayouthorchestra.org | (705) 927-6017

The health and safety protocols outlined in this document may evolve over time in line with public health guidance. KYO is actively monitoring public health restrictions and will make changes to these protocols based on evolving information.

How will you ensure all participants and workers know how and are able to keep themselves safe from exposure to COVID-19?

KYO is actively monitoring public health guidelines from all levels of government and will update its plans and protocols as health guidelines evolve. In the event of any significant changes, all KYO musicians, faculty, staff and volunteers will be notified as soon as possible.

COVID-19 Vaccination or Testing Policy

COVID vaccination is strongly encouraged for all KYO musicians, faculty, staff, volunteers, and occasional instrumental coaches.

COVID vaccinations are not required to attend or participate in KYO after-school programming, rehearsals, concerts, or other events.

COVID-19 Screening

All KYO musicians, faculty, staff, volunteers, and instrumental coaches are required to complete Wellness assessments/attestations prior to gaining access to KYO programming spaces or participating in any in-person KYO activity, regardless of COVID vaccination status. KYO musicians, faculty, staff, volunteers, and instrumental coaches who do not pass the Wellness assessment/attestation will be denied access to the venue and/or activity and recommended to return home and/or seek appropriate medical testing or care. In the case of under-age participants, they will be temporarily isolated until they can be released to a parent/guardian responsible for their care and supervision. KYO will use the Wellness assessment/attestation questionnaire prepared by the Government of Ontario for use by schools.

Wellness assessments/attestations will be administered by a KYO staff member or designated adult volunteer chaperone. No documentation will be retained by KYO.

How will you control the risk of transmission?

In addition to the vaccination and screening policies outlined above, the following rules will apply to all KYO musicians, faculty, staff, volunteers, and instrument coaches:

Hand Washing. Washing or sanitizing of hands is required immediately upon arriving at KYO activities, after eating food, using the washroom, or after exiting and re-entering the venue where KYO activities take place.

Masks. Masks are required for all KYO musicians, faculty, staff, volunteers, and instrumental coaches while participating in KYO rehearsals, performances, and activities. For players of woodwind and brass instruments, masks are required at all times except while playing a wind or brass instrument. For UPBEAT! Downtown participants, masks are required at all times. Exceptions to the masking rule apply to everyone while seated to consume meals, snacks, or beverages.

KYO faculty, staff, volunteers, and instrumental coaches must wear N95 masks while they are engaged in KYO activities. These will be supplied by KYO.

Participant musicians must wear properly fitting surgical masks which effectively cover the mouth and nose. KYO will make surgical masks available to participant musicians who require them, while supplies last.

Ventilation. Mobile hepa air filtering and purification systems are located in every activity, rehearsal, and performance space. These will be turned on in advance of any KYO activity to pre-clean and exchange the air prior to musician entry. They will be left running on low setting throughout the activity time to improve air quality. At rehearsal breaks and at the conclusion of activities, they will run on high to thoroughly clean and exchange the room air. When it is seasonally and weather appropriate, exterior windows will also be opened to improve air circulation and exchange.

Distancing. Social distancing is not required. All participants are expected to be respectful of individuals who may choose to socially distance.

Duration of Activity. The duration of KYO activities, such as rehearsal and concerts will be shortened. Small ensemble or sectional approaches to instruction are emphasized and large ensemble rehearsals are time limited, and time boxed to allow for rehearsal space ventilation. Senior KYO rehearsal schedules are organized to stagger musician arrival and departure.

Food. Each venue's rules about eating food must be observed. Food may only be eaten in designated safe areas or outside when weather appropriate. Social distancing is encouraged while eating.

The Orchestras musicians will provide their own personal rehearsal snack (nut and chocolate free) and bring their own filled water bottle (which may be filled on-site).

Locations and Crowding. KYO activities will take place indoors, outdoors (where and when feasible), or remotely by ZOOM. Rules and signage, including posting of room-specific capacity limits and traffic flow, will be used to prevent crowding, especially during the beginning and end of activities.

A KYO greeter will meet each musician at the rehearsal/program venue door to facilitate screening and monitor drop-off/pick-up safety. Parent/Guardian drivers will not have access to the rehearsal/program space in an effort to maintain facility capacity limits.

Individuals who are unable to attend in-person rehearsals or programs due to required quarantine, ill health, and/or inclement weather and dangerous driving conditions may, with prior notification, attend synchronous activities via ZOOM.

Education and Orientation. Before engaging in KYO activities, all KYO musicians and one (1) parent/guardian are required to attend a mandatory orientation session, which will cover appropriate health and safety training on this policy and other situation-specific guidance (e.g. safe emptying of condensation from instruments).

Measures subject to change. These measures are expected to change and evolve over time in line with public health guidance and venue-specific policies.

What will you do if there is a potential case, or suspected exposure to, COVID-19?

In the event of a potential case or suspected exposure, KYO management will inform Peterborough Public Health who will provide next steps. All KYO members and personnel are expected to follow the [Ontario Ministry of Health guidelines to stop the spread of COVID-19](#).

The individual will not be permitted to return to KYO activities until they are no longer exhibiting symptoms and have fulfilled any necessary quarantine/isolation period and/or they have been cleared by a medical practitioner.

KYO maintains contact lists of all KYO individuals on-site during rehearsals, performances, and activities. Impacted individuals will be contacted in the event of exposure or a suspected case.

How will you make sure your plan is working? / How will you manage any new risks caused by changes to the way you operate?

KYO welcomes feedback on our health and safety protocols. Please email KYO@KawarthaYouthOrchestra.org to share any thoughts, ideas, or feedback.

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